

Christ the King Newsletter

Focus of the Week

TIMOTHY PROGRAMME

Discover the love of God for you.

Children aged 7 – 11 years old.

Saturday 9 March 3.00 – 7.30pm

Sunday 10 March 9.45 – 11.00am
Mass

www.christthekingcockfosters.co.uk



CATECHESIS OF THE GOOD

SHEPHERD

A new formation course in the Catechesis of the Good Shepherd will begin **16 March** and will run one Saturday per month for six Saturdays (except August). It will be held at St. Matthew's Parish in Northwood. This is the beautiful Montessori-based religious ed program we run here at Christ the King for children 3-6. As a few of our own parishioners experienced here two years ago, the formation offers insights into the religious life of the young child, theological background in scripture and liturgy, and practical details in how we can help children listen to God. Please speak to Nancy Wood in the parish for more information.



10 phrases from Pope Francis to reflect on the meaning of Lent



1. Lent is a time for believing, for welcoming God into our lives and allowing him to "make his dwelling" among us.
2. Fasting, experienced as a form of self-denial, helps those who undertake it in simplicity of heart to rediscover God's gift and to recognize that, created in His image and likeness, we find our fulfilment in Him.
3. Living a Lent with hope means feeling that, in Jesus Christ, we are witnesses of the new time, in which God "makes all things new" (cf. Rev 21, 1-6).
4. In this life we will always have things to do and we will have excuses to offer, but right now, brothers and sisters, today is the time to return to God.
5. Lent is a journey that involves our whole life, our entire being. It is a time to reconsider the roads we are taking, to find the way back home, to rediscover the fundamental bond with God, on which everything depends.
6. Our journey back to God is hindered by our unhealthy attachments, held back by the seductive snares of our sins, by the false security of money and appearances, by the paralysis of our discontents. In order to walk, one must unmask these illusions.
7. Lent is a humble descent within us and towards others.
8. The ash on the head reminds us that we are dust and to dust we will return. But on this dust of ours, God blew His Spirit of life.
9. Our return journey to God is possible only because there was His outward journey towards us. Otherwise, it would not have been possible. Before we went to Him, He came down to us.
10. The Father who calls us to return is the One who leaves the house to come looking for us; the Lord who heals us is the One who let himself be wounded on the cross; the Spirit who makes us change our lives is the One who blows with strength and sweetness on our dust.

Source: Boletim Salesiano Brasil

Notices of the Week

COCKFOSTERS SUNDAY EVENING MASS

The next Sunday evening mass will be on **3 March at 5.30pm**. The Mass includes music in a relaxed atmosphere, and is followed by the Cockfosters Parish Pub. Sunday evening masses are held on the first Sunday of each month.



LIFE IN THE SPIRIT SEMINAR

As believers we are called to membership in a faith community, and to a life of service using the gifts, fruits and charisms offered through the Holy Spirit.

Partnership between the parishes of Christ the King Cockfosters and Mary Immaculate and Saint Gregory the Great, High Barnet.

Tuesdays 8 – 9pm

27 February Baptism in the Holy Spirit (Cockfosters)

5 March Growth (High Barnet)

12 March Transformation (Cockfosters)



WELCOME TEAM MEETING



The Welcome Team meeting has been rescheduled for **Sunday, 24 March after 11 am mass**, in the small hall.

CAFOD - FAMILY FAST DAY - LENT APPEAL

This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James the fisherman in Liberia.

To make your donation please use the Family Fast Day envelopes and enclose a cash gift or add your credit/debit card details. To boost your donation (an extra 25p for every pound) please fill in your address and tick the Gifted Aided box. You can also give online at cafod.org.uk and find out more by scanning the QR code.

To get involved and find out about volunteering opportunities with CAFOD visit Volunteer (Cafod.org.uk) or contact Beata Rozycka - brozycka@cafod.org.uk



FUNERAL



The funeral mass for **PHILOMENA SULLIVAN** will be at 11.00am on **Thursday, 29 February**.

Please pray for her soul.

THE STATIONS OF THE CROSS

As in previous years the Stations of the Cross will be recited each Friday in Lent.

Options are **10.15am** (followed by 11 am mass)

and **6pm** (followed by time of adoration).



ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY

Westminster Cathedral, Saturday 25 May 2024 at 2:30pm.

The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2024. If you are celebrating an anniversary, please give the parish office the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email) by **Wednesday 10 April 2024**.



ZOOM PRAYER GROUP

We still continue every Saturday at 2.30pm with great speakers from all over the world. Recordings are available. On 24 February Jeremy Jennings, on 2 March Fiona Castle.

Newcomers most welcome.

Contact peterkrau@aol.com



SUNDAY READINGS – YEAR B

SECOND SUNDAY OF LENT

Gn 22:1-2. 9-13. 15-18

Ps. 115

Rm 8:31-34

Mk 9:2-10



THIRD SUNDAY OF LENT

Ex. 20:1-17

Ps. 18

1 Cor 1:22-25

Jn. 2:13-25

Contact Us

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Mass Schedule

Mon - Sat: 11.00am (except on Tuesday)
Saturday: 5.30pm
Sunday: 9.00am, 11.00am

Adoration – Confession Mon - Fri: 6.00–7.00pm

Parish Live Streaming

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