

Christ the King Newsletter

Focus of the Week

LIFE IN THE SPIRIT SEMINAR

As believers we are called to membership in a faith community, and to a life of service using the gifts, fruits and charisms offered through the Holy Spirit.

Partnership between the parishes of Christ the King Cockfosters and Mary Immaculate and Saint Gregory the Great, High Barnet.

7 sessions including speakers, scripture, music and small groups

Opportunity to receive the Baptism in the Holy Spirit, whenever we want from week 5.



TUESDAYS 8 – 9pm



God saves us (Mary Immaculate and Saint Gregory the Great, High Barnet)

6 February

New life (Cockfosters)

13 February

Receiving God's gift (High Barnet)

20 February

Baptism in the Holy spirit (Cockfosters)

27 February

Growth (High Barnet)

5 March

Transformation (Cockfosters)

12 March

Mary, Undoer of Knots

This Christmas someone gave our house a lovely reproduction of the painting called Mary, Undoer of Knots. It depicts a very human Mary untangling a mess of ribbon. I love the simplicity of the image. Painted in 1700 for a church in Bavaria, the painting has been popularised by Pope Francis who developed a great devotion to this title for Mary while Archbishop of Buenos Aires. "Nothing is Impossible for God's mercy! Even the most tangled knots are loosened by his grace," he said.



I find this comforting when I face situations which seem hopeless and impossible. It also helps to deal with the stream of small worries that can tangle up my mind.

This same thought came to me recently when I was listening to a podcast by the Canadian musician Steve Bell (whom I have quoted before in this space). His father was dying of cancer and Steve was doing all kinds of research and suggesting different treatment options. One day from his hospital bed this wise father said to Steve, "Now go away and come to terms with your powerlessness."

Yes, these are strong words for control freaks and perfectionists like me. People who like to fix things and improve people. I hear the call to come to terms with my powerlessness. I hear the call to entrust everything and everyone to Mary who will bring my worries to her Son, quietly untying the knots. It doesn't mean that I just sit back and do nothing. But it does tell me to pray and pray again.

And let go of my need to make anything happen. This is a great freedom and a grace. "Even the most tangled knots are loosened by his grace."



Nancy Wood

Notices of the Week

COCKFOSTERS SUNDAY

EVENING MASS

The Sunday evening mass will be on **4 February at 5.30pm**. The Mass includes music in a relaxed atmosphere, and is followed by the Cockfosters Parish Pub. Sunday evening masses are held on the first Sunday of each month.



FUNERAL

The funeral mass for **ELSPETH REBEIRO** will be at 11.00am on **Thursday, 15 February**.

Please pray for her soul.



ROCK

Join the Ecumenical Chorus!

Rock is a musical based on the life of St Peter. It was first performed in 1973 at the Parish of Christ the King and is being revived to celebrate Chickenshed's 50th Anniversary. **Performances will be 24 March (Palm Sunday) in the church and 25 March at Chickenshed.** Rehearsals begin at Christ the King, weekly from Friday 26 January 7.30pm. If you are interested, please email joc@chickenshed.org.uk



VALENTINE'S WEEKEND



Saturday 10 February – Sunday 11 February
Storrington Priory, RH20 4LH

Spend some quality time together over Valentine's weekend. Cana Valentine's Weekend offers couples a chance to strengthen and enrich their marriage or long-term relationship.

Regardless of denomination or strength of your faith, this is a time when you can experience the God who wants to strengthen, renew, and deepen your love for each other. RSVP to reserve your spot! Limited spaces available. canaukinfo@gmail.com



TIMOTHY PROGRAMME

Discover the love of God for you.
Saturday 9 March 3.00 – 7.30pm
Sunday 10 March 9.45 – 11.00am Mass
Children aged 7 – 11 years old.

www.christthekingcockfosters.co.uk



CWL MEETING

Our first section meeting for 2024 will be on **14 February** – which is Ash Wednesday as well as the Feast Day of Saint Valentine.

Many of you, I am sure, are planning to attend Mass at 11.00am. **Our meeting will start at 12.30pm.** Please

bring a light packed lunch, and go to the small hall after Mass, where we can have lunch, prior to our meeting.



Mary – CWL Chairman Cockfosters Section

SUNDAY READINGS – YEAR B

FIFTH SUNDAY ORDINARY TIME

Job. 7:1-4. 6-7.

Ps. 146

1 Cor. 9:16-19. 22-23.

Mk. 1:29-39.



SIXTH SUNDAY ORDINARY TIME

Lev. 13:1-2. 44-46.

Ps. 31

1 Cor. 10:31 – 11:1.

Mk. 1:40-45.

200 CLUB JANUARY DRAW

£75 prize

J. Mowat

£50 prize

J & K Forbes

£25 prize

G. Pearson



Contact Us

The Parish of Christ the King
29 Bramley Road, London, N14 4HE
Telephone: 020 8449 6648
Email: cockfosters@rcdow.org.uk

Mass Schedule

Mon - Sat: 11.00am (except on Tuesday)
Saturday: 5.30pm
Sunday: 9.00am, 11.00am

Adoration – Confession Mon - Fri: 6.00–7.00pm

www.christthekingcockfosters.co.uk

Parish Live Streaming



@ChristTheKingParishCockfosters



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